

# Las Cumbres Community Services

RESOURCE GUIDE FOR BERNALILLO COUNTY

## Infant & Early Childhood

## For Youth & Caregivers

### Santuario del Corazón

Bilingual/bicultural therapists support immigrant families in Northern New Mexico (Santa Fe, Bernalillo, Rio Arriba, Taos and Los Alamos counties) via trauma-informed family navigation and mental health treatment services and providing connection to resources such as: transportation, access to housing, translation/interpretation, food assistance, legal assistance and childcare. Contact 575.779.9119

[www.lascumbres-nm.org/santuario-del-corazon](http://www.lascumbres-nm.org/santuario-del-corazon)

### Santa Fe Afghan Resettlement Project

Helps newly relocated Afghan children and families integrate their experiences as they settle into our community. Bilingual, trauma-informed, culturally aware therapists provide mental health screenings, family abuse prevention and early intervention services, and specialized individual treatment. Community navigators also connect families to resources such as food assistance, transportation, translation, education, and vocational and legal assistance. Contact 505.692.4044

[www.lascumbres-nm.org/afghan-resettlement](http://www.lascumbres-nm.org/afghan-resettlement)

### Walking In Grace with Survivors of Torture Program (WINGS)

WINGS offers relational, culturally and linguistically appropriate, trauma-informed, holistic, and community-integrated care to survivors of torture and their families. The program also strengthens community systems of care, expanding the capacity of providers and organizations to provide effective, evidence-based services. Contact 505.819.1643 [www.lascumbres-nm.org/wings](http://www.lascumbres-nm.org/wings)

### Behavioral Health

Our therapists partner with children ages 6+ and their families to create a support plan specific to their circumstances, values, and culture. The clinical team is part of the National Child Traumatic Stress Network (NCTSN) and provides evidence-based therapies to address childhood trauma. Meeting times and locations are flexible. Contact 505.753.4123

[www.lascumbres-nm.org/behavioral-health](http://www.lascumbres-nm.org/behavioral-health)

### Community Based Prevention, Intervention, & Reunification

Services focused on child abuse prevention. Contact 505.795.4505

**Prevention:** Community-Based Child Abuse Prevention (CBCAP) services support families with children ages 0-5. Services are designed to promote safety and well-being in families facing high-risk factors and living in high-risk environments. [www.lascumbres-nm.org/prevention](http://www.lascumbres-nm.org/prevention)

**Intervention:** Family Support Services (FSS) and Intensive Family Support Services (IFSS) provide in-home comprehensive support to strengthen and sustain families who are experiencing challenges with safety and/or family functioning. [www.lascumbres-nm.org/intervention](http://www.lascumbres-nm.org/intervention)

**Reunification:** Family Reunification Services (FRS) and Time-Limited Reunification (TLR) services are available to children returning from Foster Care or other out-of-home placements who are reunifying with parents, family members, or caregivers pursuing guardianship. [www.lascumbres-nm.org/reunification](http://www.lascumbres-nm.org/reunification)

## Groups and Workshops

### Ask a Specialist Workshop Series

Join Las Cumbres' developmental and clinical specialists for an open forum on child development. Our team is happy to answer questions or address concerns, and you are welcome to view our archive of previously-recorded workshops. [www.lascumbres-nm.org/ask-a-specialist](http://www.lascumbres-nm.org/ask-a-specialist)

### Dialectical Behavior Therapy Skills Group (DBT)

Supports participants in learning to live mindfully, tolerate and cope with stress, regulate emotions, and develop enriching and healthy relationships. Meets weekly on Thursday via Zoom. Contact 505.927.0426 [www.lascumbres-nm.org/dbt-skill](http://www.lascumbres-nm.org/dbt-skill)

### Circle of Security® Parenting™

At times, all parents feel uncertain about what our children need from us. The Circle of Security® Parenting™ program helps parents identify and respond skillfully to their children's needs - and is based on decades of research about secure parent-child relationships. Contact 505.927.0426 [www.lascumbres-nm.org/circle-of-security-parenting](http://www.lascumbres-nm.org/circle-of-security-parenting)

Working for a world where  
every person connects and thrives  
in their community.

Las Cumbres  
Community Services

Las Cumbres Albuquerque  
211 Jefferson St. NE  
Albuquerque, NM 87108  
[www.lascumbres-nm.org/bernalillo](http://www.lascumbres-nm.org/bernalillo)  
505.819.1643



Scan to see guide online